



1st Bn Queens Own Highlanders
Sharjah
British Forces Post Office 64

NOTICE OF HER MAJESTY'S TROOPS RETURNING FROM THE OUTPOST OF SHARJAH

Number _____ Rank _____ Name _____

1. The above mentioned soldier will be returning from the outpost of Sharjah Camp, on his returning to the UK you are warned to take the following initial action with due course.
2. Very soon your loved one will be in your midst, somewhat dehydrated and mesmerised to take his place again amongst civilisation with freedom and justice as a normal human being. Though for the past nine months he has been living a somewhat dejected life in the desert, fighting when necessary for his Queen and Country and to keep you safe. It will be his ambition to pursue to lead a normal life again. Liberty and happiness you must make allowances for his somewhat crude and unorthodox way of living that he has endured for many a weary month. In short he is suffering from desertitis (i.e. too much sun, sand, sweat and the lack of female companionship, the fruits of Life).
3. You should where possible take the following action;
 - a) Fill the fridge with beer; don't be surprised if he drinks from the bottle in one gulp. (Note; glasses are a luxury in Sharjah.)
 - b) Lock up all females between the ages of Nine and Ninety and warn all your friends and neighbours to keep their daughters, dogs and cats locked up.
 - c) On boarding a bus or taxi pay the fare for him otherwise he will try and bargain for a lower price, also be careful that he does not try and buy people off with Riyals or Philis (Arab money), give them to the children to use as monopoly money.
 - d) Send someone to meet him at the station or airport. Large crowds, miniskirts, motor cars, trees and particularly females will leave him flabbergasted for the first few days.
 - e) Always accompany him to the local shops, he is very prone to arguing with the shopkeepers and may tell them in a very graphic language what to do with the goods and prices they quote.
 - f) If he calls you a 'Gingy Wallah' don't be too upset, it is an Arab phrase to describe their loved ones.
 - g) When serving such delicacies as butter, milk, cream, eggs, fresh bread and coffee etc. Don't be alarmed if he goes at it like a wild animal shouting 'Tamam Mungeria' (Arabic for good food).
 - h) If he wakes up in the morning shouting 'Muckergee Muckergee' the best course of action to take is as follows;

'Dress up the youngest male member of the family in old clothes cover his face in boot polish (or soot) send him in saying 'Coming Sahib, Coming Sahib'

4. Keep cool when he pours gravy over his peaches, or he mixes his mashed potatoes with bananas, be tolerant if he stands outside the kitchen at 6 AM, 12 noon and 4.30 pm clutching a knife fork and spoon. If he has to wait any length of time for his meals he may bang on the wall with his mug and sing 'Why are we waiting' do not worry unduly as this will pass off when he loses this habit (do not mention the word queue).
5. Never mention to him holidays, sand, the prices of whisky and cigarettes, the crisis in the middle east, Sharjah or what a lovely suntan, most of all don't mention Harold Wilson and his defence cuts in the middle east.
6. If he does the following of the strange things, do not call in a Trick Cyclist (Psychiatrist) remember that he has been in Sharjah quite a few months;
 - a) Laughs in your face when you suggest that he may like toast and marmalade, omelette or poached eggs.
 - b) Shouts 'Cheers' and whistles when he sees a beautiful woman.
 - c) Wakes you up at some unearthly hour shouting 'days to do are very few' (this will wear off in about three months time).
 - d) Throws his mattress on the floor and proceeds to sleep on the bare springs.
 - e) Tries to scoop tea from the tea pot with his mug, show him the spout and what it is used for.
 - f) When hearing a fire engine immediately shouts 'Fire' or 'Alert Alert' and then throws himself down the nearest manhole.
 - g) After his lunch lies on his pit (Bed) clad in only his undies or with a towel wrapped round his waist.
 - h) Holds up his beer in the local pub shouting 'Taman Salud' to all and sundry.
 - i) On immediately greeting him on his own **DO NOT ATTEMPT** to kiss him, if you do this you do so at your own risk. You have been warned. Let him get used to you first; remember that he hasn't been kissed in nine months.

Remember

Beneath this strange rugged and somewhat unusual exterior beats a heart of gold. Treasure this it will probably be all he has left. Treat him with kindness, tolerance and an occasional pint of beer and you will soon be able to rehabilitate him back to the once happy and lovable man you once knew.

(Past Help)

Trick Cyclist Extraordinary

Mental Wing

Sharjah

PS

Straight jackets can be obtained from me at a very moderate fee of £23/15/3 (this is highly recommended)